

**Northern Ireland Practice and Education
Council for Nursing and Midwifery**

**DEVELOPMENT of RESOURCES
to SUPPORT NUTRITIONAL CARE
in PRACTICE**

Project Plan

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I.0 Introduction

- 1.1 The Promoting Good Nutrition Strategy for adults¹ was launched on 9 March 2011. The purpose of the strategy is to improve the nutritional care of adults in all health and social care settings. To ensure effective implementation of the strategy the Public Health Agency was charged with leading an implementation group and in addition the Chief Nursing Officer, Professor Martin Bradley requested the Northern Ireland Practice and Education Council for Nursing and midwifery (NIPEC) “*to lead a work programme to develop resources to support improvements of nutritional care in practice*”.
- 1.2 NIPEC will establish a Resource Development Steering Group to guide the development of the resources to support practitioners to improve their practice in relation to nutritional care. The Group will comprise key stakeholders who deliver care/services across the nutritional care pathway and represent: dietetics, General Practice, Nursing, Royal College of Nursing (RCN), education providers, Department of Health and Social Services and Public Safety (DHSSPS) and NIPEC Council (see Appendix One for Resource Development Steering Group membership).

2.0 Background

- 2.1 The Promoting Good Nutrition strategy was designed to build on the “Get your 10 a day and applies across all Health and Social Care settings in Northern Ireland. Promoting good nutrition is everyone’s business and the successful implementation of the Promoting Good Nutrition strategy will require the development of resources to support practitioners to improve their practice. Good nutritional practice must focus on the prevention, identification and management of malnutrition (in this case under nutrition) and it is important that practitioners have a range of reliable electronic/web based resources to support their care delivery.
- 2.2 The development of the resources to support good nutritional care in practice will be informed by the work of the *Promoting Good Nutrition Implementation Steering Group* and the *Nutrition Coalition*. The membership of both groups will be represented on the Resource Development Steering Group, to ensure effective sharing of information.

¹ DHSSPS (2011) *Promoting Good Nutrition: A strategy for good nutritional care for adults in all care settings in Northern Ireland 2011-2016*. Belfast: DHSSPS

3.0 Project Aim and Objectives

3.1 Aim

The aim of the project is to develop resources to support improvements in nutritional care in practice in relation to nutritional screening.

3.2 The objectives of the project are as follows:

- I. Scope the range of formats currently available to support the regionally agreed screening tool (MUST).
- II. Identify ongoing challenges to the effective use of MUST in the acute hospital setting and potential solutions
- III. Identify a list of validated screening tools that are currently available for use in areas of specialist practice and agree areas where gaps exist.
- IV. Agree relevant templates and make them available in electronic or other appropriate formats to support the effective use of the malnutrition care plan within the strategy.
- V. Link agreed templates to the DHSSPS web-based strategy.
- VI. Develop guiding principles to support person-centred care planning in relation to nutritional screening in line with NICE guidelines.
- VII. Make recommendations to the *Promoting Good Nutrition Implementation Steering Group* on how to raise awareness among practitioners of the screening tools available for use.

4.0 Work plan overview

4.1 NIPEC will lead this work programme, in partnership with key stakeholders. It is proposed that this should be conducted over a six month period from February to July 2012. Following the establishment of a regional Resource Development Steering Group the methodology proposed below will be further shaped and agreed.

WORK PLAN METHODOLOGY

- Establish a Resource Development Steering Group (March 2012)
- Scope the range of formats currently available to support the implementation of MUST in practice and identify those to be adopted into agreed formats (March -May 2012)

- Identify a list of validated screening tools currently available for use in specialist practice (March-April 2012)
- Develop guiding principles to support person-centred care planning in relation to nutritional screening in line with NICE guidelines(April –November 2012).
- Develop the agreed resources and test them with practitioners in Southern and South Eastern HSC Trusts (June –November 2012).
- Test the agreed resources with practitioners via Steering Group members and HSC Trust PGN Implementation Groups (December 2012 – January 2013).
- Make agreed templates available to the DHSSPS for inclusion in the web-based strategy (February/March 2013).
- Make recommendations for raising awareness among practitioners of the screening tools (February/March 2013).
- Report to CNO and Chair of *Promoting Good Nutrition Implementation Steering Group* (March 2013).

5.0 RESOURCES

- 5.1 NIPEC will co-ordinate, host and provide nursing and midwifery professional expertise as well as administrative support to the project, applying a project management approach. Individuals on the Resource Development Steering Group and any additional groups have a responsibility to represent their organisation effectively, by full attendance at meetings relating to the initiative.
- 5.2 Participating organisations will undertake that relevant staff be released for all required meetings, for the duration of the initiative, and to support further participation in activities/groups, if required, to achieve the objectives of the project.

6.0 RISK ASSESSMENT

- 6.1 There are a number of potential risks associated with this initiative:
- a. Lack of engagement from key stakeholders
 - b. Lack of consensus on the way forward
 - c. Inability to complete the initiative within the agreed time span.
- 6.2 NIPEC will develop processes to minimise the risks in relation to lack of engagement and completion within the initiative period. The Resource Development Steering Group will manage other risks, as they arise.

7.0 EVALUATION

- 7.1 The initiative will be evaluated on an ongoing basis, evidenced through the audit trail provided by notes of meetings of the Resource Development Steering

Group. NIPEC will be responsible for the achievement of the objectives of the initiative in conjunction with members of the Resource Development Steering Group who will quality assure the outputs as they are developed.

- 7.2 As part of NIPEC's focus on continuous improvement, an impact measurement framework is being developed by which NIPEC can measure the impact of the outputs, in an objective and systematic way, following completion of the initiative.

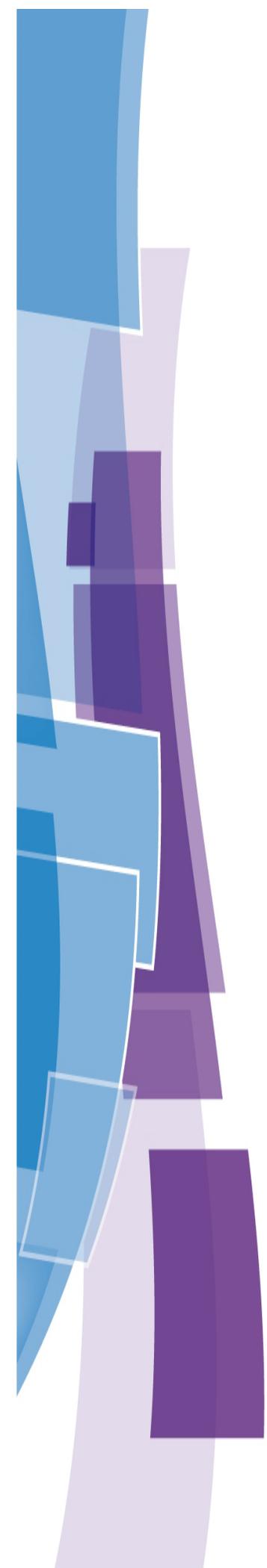
8.0 COMMUNICATION AND DISSEMINATION

- 8.1 Communication and consultation will be ongoing throughout the initiative, using various mechanisms such as email, teleconferencing facilities and face-to-face meetings. The NIPEC website and news bulletin will reflect the progress of the project.
- 8.2 Dissemination of the Final Report of the project will be the responsibility of NIPEC.

STEERING GROUP MEMBERSHIP

Stakeholder organisation	Representative
British Dietetic Association	Pauline Mulholland, Chair of the NI Board of the British Dietetic Association (Chair)
Belfast HSC Trust	Iris Harrison, Ward Sister Elderly Care (until November 2012) Audrey Dowd, Senior Manager Nursing Performance and Quality Assurance (From January 2013)
South Eastern HSC Trust	Ethna Sloan, Community Nurse
South Eastern HSC Trust	Maurice Devine, Nurse Consultant and Neuro-disability Services Manager (from November 2012 Assistant Head Clinical Education Centre) (until March 2013)
Southern HSC Trust	Mandy Gilmore, Head of Nutrition and Dietetics Andrew Ruck, Patient Flow and Bed Management Co-ordinator
Northern HSC Trust	Avril Redmond, Lead Nurse
Western HSC Trust	Marian Murphy, Lead Nurse for Governance and Performance
General Practice Council	Dr Michael McKenna, GP
Public Health Agency	Angela McComb, Health and Wellbeing Improvement Manager
Independent Sector (Four Seasons Healthcare)	Wendy Megarrell, Care Services Manager (until August 2012) Lee Edmonds, Clinical Development Nurse (from September 2012)
University Ulster	Dr Helen McCarthy, Lecturer in Dietetics
QUB	Beverly McClean, Nurse Lecturer (until November 2012)
OU	Donna Gallagher, Senior Lecturer
Clinical Education Centre	Hilary Todd, Senior Education Manager
Regulation and Quality Improvement Authority	Brigid Dougan, Inspector/Quality Reviewer
DHSSPS	*Anne Mills, Nursing Officer (until December 2012) Jemima Keyes, Nursing Officer (from May 2013)
Royal College of Nursing	Rita Devlin, Senior Professional Development Officer
NIPEC	*Dr Glynis Henry, Chief Executive (until August 2012)
NIPEC	Mr Paul Davidson, Lay Council Member
NIPEC	Cathy McCusker, Senior Professional Officer (Project Lead)

*Members of Promoting Good Nutrition Implementation Steering Group



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This document can be downloaded from the NIPEC website
www.nipec.hscni.net

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