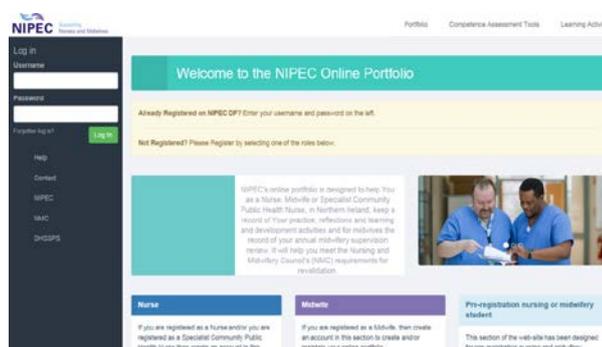


May 2018

SCAN

Senior Nurse/Midwife **C**urrent **A**wareness from **NIPEC**

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Make sure you are ready for NMC revalidation: to create and maintain your online portfolio visit: <https://nipecportfolio.hscni.net>

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CONTENTS

(Click on the title to go to the section)

NIPEC Updates	2
Policy/Strategy	3
Quality	5
Leadership	7
Education	8
Professional Development	9
Clinical Practice	11



NIPEC UPDATES



Nursing and Midwifery Career Pathway website <http://www.nursingandmidwiferycareersni.hscni.net/>

Visit Northern Ireland's career pathway website for nurses and midwives to see some of our recent updates:

Would you like to promote your area of practice or setting within which you work; for more information contact cathy.mccusker@nipec.hscni.net

[← CONTENTS PAGE](#)

[NEXT SECTION →](#)



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POLICY/STRATEGY

“ *Sound strategy starts with having the right goal* ”
Michael Porter

UPDATES, KEY PUBLICATIONS, EVENTS

#EndPJParalysis

On 17 April 2018, Chief Nursing Officer Professor Charlotte McArdle urged patients and staff to take part in the #EndPJParalysis campaign which aims to encourage patients who are fit to get dressed and to get moving as part of a major drive to boost their recovery. The campaign #EndPJParalysis, will run for 70 days right across England, Scotland, Wales and Northern Ireland and aims to give patients back one million days of their precious time that would otherwise be spent in a bed in hospital or a care home. It is reported that 10 days of bed rest in hospital leads to the equivalent of 10 years of ageing in the muscles of people over 80. Share the progress in your ward/team visit the website for more information and to download the app <http://www.endpjparalysis.com/>

DoH Transformation Programme

A report setting out progress towards the aims of Delivering Together (2016) and the actions it contains is now available.

<https://www.health-ni.gov.uk/topics/health-policy/transformation-programme>

Consultation on revised service framework for mental health and well-being

The revised service framework for mental health and well-being offers a more streamlined approach with fewer standards, and includes both service and experience indicators. The Framework reflects the principles and values of the 'You In Mind' Regional Mental Health Care Pathway 2014 and recognises that all treatment and care needs to be highly personalised and recovery orientated.

Have your say on this revised Framework and respond to the consultation by Thursday 31 May 2018 at <https://www.health-ni.gov.uk/consultations/revised-service-framework-mental-health-and-wellbeing-2018-2021>

Play matters campaign

Funded through the Early Intervention Transformation Programme (EITP) the Children and Young People's Strategy Team in the Department of Education are excited to be taking forward a Play and Leisure Project aptly titled 'Play Matters'. To find out more about this visit: <https://www.education-ni.gov.uk/sites/default/files/publications/education/Play%20Matters%20Promotional%20Leaflet.pdf>

[← CONTENTS PAGE](#)

[NEXT SECTION →](#)

UPDATES, KEY PUBLICATIONS, EVENTS

NISCC “Social Care” Matters Report

Northern Ireland Social Care Council has published its report on the Social Care Matters Symposium held at Malone House, in December 2017. Follow the web-link to view the report and the key themes explored at the event.

<https://nisc.info/storage/resources/boc-niscc-reportv02-1.pdf>

[← CONTENTS PAGE](#)

[NEXT SECTION →](#)



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QUALITY

“The standard you walk past is the standard you accept”

Lieutenant General David Morrison

ARTICLES

Seven steps to help patients overcome a fear of finding out

Chater, A. *Nursing Standard*, April 2018, vol. 33, no. 1, p. 24-25

Call the experts: supporting ward nurses and saving lives

Pearce, L. *Nursing Standard*, April 2018, vol. 33, no. 1, p. 72-74

Exploring the implementation of family-witnessed resuscitation

Breach, J. *Nursing Standard*, April 2018, vol. 33, no. 1, p. 76-81

Experience-Based Co-Design: Tackling common challenges

Dimopoulos-Bick, T. et al. *The Journal of Health Design*, 2018, vol. 3, no. 1, p. 86-93

‘It’s a nice place, a nice place to be’. The story of a practice development programme to further develop person-centred cultures in palliative and end-of-life care

McCormack, B. et al. *International Practice Development Journal*, April 2018, vol. 8, no. 1, p. 2, <https://doi.org/10.19043/ipdj81.002>

Winter pressures and a safety checklist

Foster, S. *British Journal of Nursing*, April 2018, vol. 27, no. 8, p. 177

How new nursing roles affect accountability and delegation

Kendall, N. *Nursing Times*, April 2018, vol. 114, no. 4, p. 45-47

Asthma bus touring schools improves pupils’ symptom control

Bushell, E. *Nursing Times*, April 2018, vol. 114, no. 4, p. 26-27

We have seen a systematic and Orwellian assault on nursing

Radcliffe, M. *Nursing Times*, April 2018, vol. 114, no. 4, p. 15

[← CONTENTS PAGE](#)

[NEXT SECTION →](#)

ARTICLES

End of life care

Dean, E. *Nursing Standard*, April 2018, vol. 33, no. 1, p. 51-54

Family centred care: the unique grief of grandparents

Cole, E. *Nursing Standard*, April 2018, vol. 33, no. 1, p. 56-58

[← CONTENTS PAGE](#)

[NEXT SECTION →](#)



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LEADERSHIP

“ True leadership lies in guiding others to success, in ensuring that everyone is performing at their best, doing the work they are pledged to do and doing it well ”

Bill Owens

UPDATES, KEY PUBLICATIONS, EVENTS



Nursing Now: advocating with and on behalf of nurses and nursing

Nursing Now is a global campaign was launched on 27 February 2018. It is aimed at raising the profile and status of nursing worldwide. It seeks to empower nurses to take up their rightful place at the heart of efforts to tackle 21st Century health challenges.

For more information on Nursing Now take a look at the new website <http://www.nursingnow.org/> also use the form on this website to identify what you are doing to champion nursing, and/or any plans <http://www.nursingnow.org/share-your-plans/>

#NursingNow @NursingNow2020

International Nurses Day

This day is organised annually by the International Council of Nurses. **International Nurses Day** celebrates the contribution that nurses make to societies around the world. The date has a very strong significance, being the birthday of perhaps the world's most famous nurse, Florence Nightingale.

Alongside the encouragement of a fully deserved congratulations owed to nurses, the organisation also produces an International Nurses Day Kit to educate and assist health workers around the world, with a different theme each year. Past publications have focused on working with the poor, fighting AIDS, equal access to care, and sustainable development. This year the theme is Nurses: A Voice To Lead – Health Is A Human Right

[← CONTENTS PAGE](#)

[NEXT SECTION →](#)



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EDUCATION

“Let us think of education as the means of developing our greatest abilities”

John F. Kennedy

ARTICLES

New Standards will prepare students for the rigours of modern nursing

Agnew, T. *Nursing Standard*, April 2018, vol. 33, no. 1, p. 14-17

Using simulation to test use of coaching in clinical placements

Leigh, J. *Nursing Times*, April 2018, vol. 114, no. 4, p. 48-50

Preparing master-level mental health nurses to work within a wellness paradigm: findings from the eMenthe project

Doyle, L. et al. *International Journal of Mental Health Nursing*, April 2018, vol. 27, no. 2, p. 823-832

Midwifery Graduate Attributes: a model for curriculum development and education

Cummins, A.M. et al. *Midwifery*, June 2018, vol. 61, p. 66-69

[← CONTENTS PAGE](#)

[NEXT SECTION →](#)

PROFESSIONAL DEVELOPMENT

“All that is valuable in human society depends upon the opportunity for development accorded the individual”

Albert Einstein

UPDATES, KEY PUBLICATIONS, EVENTS

RCN Congress 2018

RCN Congress 2018 takes place at the Waterfront Hall in Belfast from Saturday 12 May to Wednesday 16 May. Further information about Congress and to book your place is available at: <https://www.rcn.org.uk/congress>

You are the panel

What should happen to a nurse who failed to carry out a supported practice plan? What is your verdict? Go online to check what really happened:

<https://www.nursingtimes.net/news/youre-the-panel>

Exercise Medical Challenge,

Exercise Medical Challenge is a fantastic team-building event for groups of 10 doctors, nurses and AHPs, which is hosted by the Royal Navy Reserves, Royal Air Force Reserves and Army Reserve medical units. This popular annual event **will take place on Saturday 16th June 2018**, Register your team now email: 204hosp-roso@mod.gov.uk or telephone 028 9226 0358

204 (North Irish) Field Hospital
Army Reserve Medical Services

Exercise MEDICAL CHALLENGE
Saturday 16 June 2018
Hydebank Army Reserve Centre,
Belfast, BT8 8JL

Annual team building day for groups of 10 doctors, nurses or AHPs. Experience leadership challenges in various medically themed scenarios in a fun setting
Prize giving, BBQ and entertainment follows

e: 204hosp-roso@mod.gov.uk f: @204Field
t: 028 9226 0358

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Don't do the everyday every day

[← CONTENTS PAGE](#)

[NEXT SECTION →](#)



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UPDATES, KEY PUBLICATIONS, EVENTS

The Macmillan resources hub

The Macmillan hub on Nursing Times comprises useful resources to support your patients, learning and development tools for you, and regular news from Macmillan. For more information and to sign up to the newsletter visit <https://www.nursingtimes.net/macmillan/home>

ARTICLES

Collaborative communication: learning from advanced clinical practice patient consultations

Barratt, J. *Nursing Standard*, April 2018, vol. 33, no. 1, p. 27-33

Respiratory rate 1: why measurement and recording are crucial

Kelly, C. *Nursing Times*, April 2018, vol. 114, no. 4, p. 23-24

Dispelling myths around nurse-led and criteria-led discharge

Lees-Deutsch, L. & Gaillemin, O. *Nursing Times*, April 2018, vol. 114, no. 4, p. 32-35

Vascular system1: anatomy and physiology

Jarvis, S. *Nursing Times*, April 2018, vol. 114, no. 4, p. 40-44

Communication 5: effective listening and observation skills

Ali, M. *Nursing Times*, April 2018, vol. 114, no. 4, p. 60-61

Birth of a research consortium for respiratory nurses

Kelly, C. et al. *Nursing Times*, April 2018, vol. 114, no. 4, p. 57-59

[← CONTENTS PAGE](#)

[NEXT SECTION →](#)



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CLINICAL PRACTICE

“Clinical practice is not a science but an endeavour that uses science. Good science is necessary but insufficient for good practice”

Nuala P. Kenny

ARTICLES

Why bedside handovers can be better for patients

Pearce, L. *Nursing Standard*, April 2018, vol. 33, no. 1, p. 20-22

Antimicrobial resistance: nurses' role in fighting a global health threat

Jones-Berry, S. *Nursing Standard*, April 2018, vol. 33, no. 1, p. 36-38

Identification and management of drug allergy

Powrie, K. *Nursing Standard*, April 2018, vol. 33, no. 1, p. 45-50

Meeting the needs of carers of people at the end of life

Hardy, B. *Nursing Standard*, April 2018, vol. 33, no. 1, p. 59-66

Treating sepsis is a race against time – and we are winning

Dean, E. *Nursing Standard*, April 2018, vol. 33, no. 1, p. 68-70

Stepping down asthma treatment: perceptions of primary care staff

Siddaway, D. *Nursing Times*, April 2018, vol. 114, no. 4, p. 18-21

Challenges of “being with” patients nearing the end of life

Speakman, L. *Nursing Times*, April 2018, vol. 114, no. 4, p. 28-30

Caring for neurosurgical patients with external ventricular drains

Humphrey, E. *Nursing Times*, April 2018, vol. 114, no. 4, p. 52-56

Ten top tips on e-cigarettes

Kennie, K. *Nursing in Practice*, March 2018, vol. 101, p. 48-49

<https://www.nursinginpractice.com/article/ten-top-tips-e-cigarettes-smoking-cessation>

[← CONTENTS PAGE](#)



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ARTICLES

Mythbuster: Children's immune systems are being overloaded with all these vaccines

Tinsley, E. *Nursing in Practice*, March 2018, vol. 101, p. 46-47

<https://www.nursinginpractice.com/article/%E2%80%98children%E2%80%99s-immune-systems-are-being-overloaded-all-these-vaccines%E2%80%99>

Eating disorders in young people

Nichols, M. et al. *Nursing in Practice*, March 2018, vol. 101, p. 50-53

<https://www.nursinginpractice.com/article/eating-disorders-young-people>

Meeting the nutritional needs of older patients in the hospital setting

Omorogieva, O. *British Journal of Nursing*, April 2018, vol. 27, no. 8, p.426-428

Communication is a two-way street

Price-Dowd, C. *British Journal of Nursing*, April 2018, vol. 27, no. 8, p. 171

[← CONTENTS PAGE](#)



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