



DOMAIN 1

Core Learning and Development

TIER 2

Competence Areas – TIER 2

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1. Holistic Assessment and Diagnosis

Competence statement:

This competence refers to the knowledge, skills and attitudes required to assess (and diagnose) patients in acute and long term management of asthma, COPD and other respiratory conditions

Rating Scale: 1 Needs a lot of development

2 Needs some development

3 Is well developed

T2 Knowledge	1	2	3
1 Discuss primary and secondary prevention methods relevant to COPD, asthma and other respiratory conditions			
2 Describe relevant national, regional and local clinical performance guidelines and how they apply to clinical practice			
3 Calculate Smoking Pack years			
4 Differentiate between the presentation of different respiratory conditions presentation to inform ongoing diagnostic process			
5 Outline factors to consider when assessing (and diagnosing) vulnerable people, for example, older people, children and people with special needs			
6 Describe signs and symptoms indicating disease progression			
7 Discuss how pathophysiology, presentation and impact of disease may direct the assessment process of patient/carer			
8 Outline prognostic indicators for identification of dying for palliative/supportive care approach in patients with end-stage and terminal respiratory conditions			
9 Utilise the palliative care indicators outlined in the End of Life Care Operating System (ELCOS) for the identification of palliative care needs			
T2 Skills	1	2	3
1 Carry out holistic assessment to identify respiratory, psychosocial and social care needs of patient/carer			
2 Plan, implement and evaluate strategies to reduce the risk of developing disease or exacerbating existing symptoms in individuals or groups			
3 Work collaboratively with the multi-disciplinary, multi-agency care teams to inform the assessment and diagnosis process			
4 Work collaboratively with multi-disciplinary, multi-agency teams to identify the presence of supportive/palliative care prognostic indicators			
5 Educate individuals, families and colleagues about aspects of care			
6 Actively seek opportunities to engage in service improvement and development			
7 Actively seek opportunities to engage in audit of the service provided			
8 Use problem solving skills to underpin clinical decision making			
9 Co-ordinate referral to multiprofessional team, and/or other agencies for assessment			

1. Holistic Assessment and Diagnosis

T2 Attitudes

	1	2	3
1 Value sharing of information to promote high quality healthcare for patients			

2. Management and Monitoring

Competence statement:

This competence refers to the knowledge, skills and attitudes required to communicate effectively in assessment and management of acute exacerbations and long term management of COPD, asthma and other respiratory conditions.

Rating Scale: 1 Needs a lot of development

2 Needs some development

3 Is well developed

T2 Knowledge	1	2	3
1 Describe relevant national and local clinical performance guidelines and how they apply to clinical practice			
2 Evaluate range of possible treatment and management options to meet patient/carer needs			
3 Describe possible physiological (and pathological) and symptom responses to pharmacotherapeutic and non-pharmacotherapeutic treatment options			
4 Identify the range of statutory and non-statutory services that are available to meet identified needs of patients			
5 Describe ways patient/carer wishes and preferences can be effectively included in the individualised management plan			
6 Outline components of specialist palliative/supportive interventions and services available for patients/carers			
T2 Skills	1	2	3
1 Plan and co-ordinate individualised management plan in collaboration with patient healthcare team and/or agencies			
2 Co-ordinate timely referral to multiprofessional team and/or other agencies for intervention when appropriate			
3 Communicate and discuss information from assessment and planned management with patient healthcare team in other sectors to facilitate seamless care			
4 Monitor effectiveness of management and treatment and contribute to adjustments where necessary and within scope of own role			
5 Refer patient to specialist in respiratory disease for review of treatment and management options when clinical status does not improve with conventional management			
6 Use palliative/supportive care management approach to alleviate symptoms in patients with end-stage or terminal respiratory conditions, and to support carers			
7 Arrange or instigate follow-up of patient for review of management plan and adherence to medication			
8 Actively seek opportunities to engage in service development			
9 Actively seek opportunities to engage in audit of service provided			
10 Use problem solving skills to underpin clinical decision making			
11 Awareness of role of Fractional exhaled Nitric Oxide (FeNo) suppressions, inhaler compliance assessment (INCA) monitoring of remote or directly observed therapy assessing adherence with prescribed medication			
12 Assess adherence to prescribed medication through routine systematic prescription checking			

T2 Attitudes

	1	2	3
1 Value sharing of information to promote high quality health care for patients			
2 Embrace co-production and design in the delivery of respiratory services			

3. Communication

Competence statement:

This competence refers to the knowledge, skills and attitudes required to communicate effectively in assessment and management of acute exacerbations and long term management of COPD, asthma and other respiratory conditions.

Rating Scale: 1 Needs a lot of development

2 Needs some development

3 Is well developed

T2 Knowledge	1	2	3
1 Describe ways of dealing with stressful or challenging situations			
2 Identify communication approaches to 'breaking bad news' or discussing end-of-life issues with patient/carer			
3 Describe verbal and non-verbal cues indicating anxiety or depression in patient/carer			
T2 Skills	1	2	3
1 Network with multi-professionals and multi-agencies to promote effective communication, evidenced based care and awareness of roles and services			
2 Liaise with patient healthcare team regarding role and responsibilities of each member within process of providing information to patient/carer			
3 Act as resource for patient/carer			
4 Evaluate effectiveness of communication skills			
5 Use of tools in the identification and management of those with anxiety and depression			
T2 Attitudes	1	2	3
1 Value seamless healthcare within organisation and across healthcare sectors			
2 Embrace co-production and design in the delivery of person-centred respiratory services			

4. Patient Education and Enhancing Self-Management

Competence statement:

This competence refers to the knowledge, skills and attitudes required to provide patient education and support patient self-management in acute and long term management of COPD, asthma and other respiratory conditions

Rating Scale: 1 Needs a lot of development

2 Needs some development

3 Is well developed

T2 Knowledge	1	2	3
1 Describe the impact of disease on the patient/carer			
2 Outline ways of finding out and prioritising the learning needs of patient/carer			
3 Identify factors contributing to the potential for non-adherence to treatment and self-management			
4 Outline ways of helping patient/carer to make lifestyle changes to promote effective self-management for peer support and self-management			
5 Describe ways to check patient/carer understanding and learning following education session			
T2 Skills	1	2	3
1 Work in partnership with patients/carers to identify their learning needs and to agree their role in self-management			
2 Adjust education to meet the identified patient/carer needs and role to promote effective self-management			
3 Liaise with patient healthcare team across sectors regarding the self-management information given to patient/carer			
4 Provide education to patient/carer which is tailored to the severity of patient's disease, including supportive or palliative interventions			
5 In partnership with patient/carer devise, and where appropriate review, individualised self-management plan			
T2 Attitudes	1	2	3
1 Value the need for provision of consistent and accurate education to patient/carer across healthcare sectors			
2 Appreciate the importance of effective self-management plans in promoting patient/carer independence			