

Annual Conference

International Year of the Nurse and the Midwife: A Celebration

SPEAKERS' BIOGRAPHIES

(in order of appearance on the conference programme)

10 March 2020

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Professor Carol Curran RN OBE, NIPEC Council Chair – Chair of morning Conference programme

Professor Carol Curran is Dean of the Faculty of Life and Health Sciences. She joined the Ulster University in 1996 as a Lecturer/Practitioner in District Nursing, then as a full time lecturer in 1999 before becoming a Senior Lecturer in 2005. In 2007 she was awarded a Personal Chair in Nursing on the basis of Academic Enterprise.

Carol obtained an honours degree in Nursing Studies in 1990, an MSc in Professional Development in 1997 and a PhD in 2005 all from the Ulster University. Before taking up the post of Dean Carol had been Head of the School of Nursing, Chief Executive of Ulster Educational Partnerships Ltd and Associate Dean of the Faculty of Life and Health Sciences. Carol is keen to advance inter-professional learning across the faculty and to maximise the relationship between research and teaching and learning.

Martin Bradley OBE DL FRCN FQNI MSc. B.Ed. PG Dip. Health Economics. PG Dip. Nursing

Professor Bradley was Chief Nursing Officer (CNO), in the Department of Health, Social Services and Public Safety (DHSSPS) from 2005 until his retirement in July 2011. Prior to taking up post as CNO he was Director of the Royal College of Nursing, Northern Ireland. His background is in general and mental health nursing, nurse education, public health and commissioning of Health and Social Services. He was Chief Nurse and Director of Health Care in the Western Health and Social Services Board from 1997 - 2003.

During his time in DHSSPS he led on a range of initiatives, including the development of the first Palliative Care Strategy for Northern Ireland and developed a range of strategies to ensure good clinical standards in professional practice. He also chaired the National Cancer Institute (Washington) All Ireland Cancer Nursing Network.

He is Vice Chair of the Belfast Health and Social Care (HSC) Trust and Chair of the Down and Connor Committee of the Irish Bishops' Initiative on Substance Misuse. In 2011 he was appointed Honorary Colonel of the North Irish Field Hospital and currently chairs the Reserve Forces Health Committee RFCA (NI).

In 2011 he was appointed by the Irish Government to Chair a Ministerial Review of Undergraduate Nursing and Midwifery education and in 2015 a Review of Non-Medical Prescribing. He also led on the accreditation of the UK Board of Health Care Chaplaincy's Voluntary Register with the Professional Standards Authority in 2017.

In 2015 he was appointed Deputy Lord Lieutenant for Belfast.

He is a past member of the UK Central Council for Nurses and Midwives, the Pharmaceutical Society of Northern Ireland and a former member of the BBC Broadcasting Council. In November 2007 he was invited by the Commonwealth Secretariat to address the Commonwealth Conference in Uganda on "Health for Women and Children - Realising the Potential."

In 2000 he was made a Fellow of the Royal College of Nursing for his services to Nurse Education and in 2011 a Fellow of the Queen's Nursing Institute in recognition of his contribution and influence on the delivery of primary care and community nursing. He is a visiting Professor of Nursing at the Ulster University. In 2013 he was awarded the OBE for services to nursing in the UK. In 2017 he was awarded an Honorary Master's Degree of the Open University in recognition of his public service to education and health care and in 2018 the Royal College of Nursing Outstanding Achievement Award for his services to health care and the voluntary sector.

He has a particular interest in Public Health, community development, professional education and regulation and health services management.

Dr Catherine Hannaway DProf RN (RM ret.) RHV HonMem FPH FFNM RCSI, Global Health Consultant, Programme Director Nightingale Challenge, NI Global Leadership Development Programme – Keynote Speaker

Catherine trained in the UK as a Registered Nurse, Midwife and Health Visitor and has worked in senior leadership positions widely across the National Health Service in England, as well as extensively overseas.

She was involved with the piloting design and implementation of the first NHS Walk-in Centres in England, including introducing nurse-led decision-making software and nurse prescribing, linked to the set-up of NHS Direct. She was a national project manager for a

Total Purchasing pilot site, testing new models of working in the NHS; she was involved in leading the first national 'Health Promoting Hospital' initiative; worked on leading the early NHS national quality improvement Collaboratives in England; part of the team that led the implementation of the national Chlamydia Screening Programme; and designed and led the first national leadership programme for NHS Directors combining leadership and quality improvement – the Leading Modernisation Programme.

Catherine also has a wealth of experience in designing and delivering whole-systems public health leadership and improvement programmes and working globally with the World Health Organization designing and delivering 'Health in All Policies' training around the world.

Working with Lord Nigel Crisp and a global board of renowned international experts, beginning mid-2017, Catherine set-up and then launched the 3-year global campaign Nursing Now, aimed at strengthening nursing across the world www.nursingnow.org. As part of the role of Acting Global Executive Director, Catherine travelled extensively around the world helping countries and organisations to set up national and local Nursing Now initiatives – in particular focussing on leadership development, as well as increasing the capability and leadership skills of young nurses and midwives as well as setting out the initial framework for the 2020 Nightingale Challenge.

Catherine is Programme Director for the 2020 Nightingale Challenge Global Leadership Development Programme in Northern Ireland, and is also working together with lead nurses from Northern Ireland, Billy Rosa, Professor Sir Michael Marmot and a global expert advisory board on a 2020 report for the World Innovation Summit for Health on 'Nurses and Midwives for Health Equity'.

Dr Billy Rosa PhD (c), APRN-BC, FCCM, FAANP, FAAN

Billy Rosa is a speaker, author, and nurse practitioner. His specialties include palliative care, global health, and holistic nursing.

He is a Robert Wood Johnson Foundation Future of Nursing Scholar, University of Pennsylvania School of Nursing, PhD Program, Philadelphia, PA and former Nurse

Practitioner, Supportive Care Service, Memorial Sloan Kettering Cancer Center, New York, NY (2016-2019).

Billy received his BSN magna cum laude from NYU Rory Meyers College of Nursing (2009) and was valedictorian of his MSN class, Hunter College (2014). He spent one year with the Human Resources for Health Program in Rwanda, East Africa (2015-2016), contributing to the curriculum content for the first Masters-prepared nursing cohort in the country. He is the editor of three books on leadership, global health, and theory-guided practice and has contributed more than 150 publications in a host of diverse forums.

Billy has been recognized with numerous distinctions, including the international Spirit of Renewal Award from Sigma and the national Lillian Wald Service Award from the American Public Health Association Nursing Section. He serves on the editorial board for the Journal of Hospice & Palliative Nursing and as a board member for multiple global organizations. He is a Fellow of the American Academy of Nursing, the American Association of Nurse Practitioners, the American College of Critical Care Medicine, and the New York Academy of Medicine.

Alana Davito, Northern HSC Trust

Alana is a Midwife working at Causeway Maternity Unit in the Northern HSC Trust.

Laura McLaughlin, Western HSC Trust

Laura is a Mental Health Crisis Resolution Home Treatment Team Manager currently seconded to the Mental Health Liaison Team Pilot Service in the Western HSC Trust.

Charlotte McArdle, Chief Nursing Officer, Department of Health, Social Services and Public Safety

As the head of the Nursing and Midwifery professions, **Charlotte** is responsible for the professional leadership, performance and development of the Professions in Northern Ireland, including providing support to the Department's lead Allied Health Professions (AHP) Officer.

The Office of the Chief Nursing Officer sets strategic direction for nursing, midwifery services, agreeing programmes of action, setting goals and targets and ensuring that progress is monitored and evaluated. This includes chairing the Department's Central Nursing and Midwifery Advisory Committee, and the development and oversight of policies for nursing and midwifery in Public Health, for example, the Family Nurse Partnership Programme (FNP), the Northern Ireland Action Plan for Learning Disability Nursing, a Northern Ireland Framework for Patient Experience and the District Nursing Review Framework. In undertaking this role, Charlotte works closely with the Directors of Nursing and her counterparts in the other 3 UK countries and Republic of Ireland.

During the time that Charlotte has been in the role of Chief Nurse she has led a number of policy initiatives which underpin professional practice such as: Person Centred Standards for Record Keeping Practice; Policy Imperative - Delivering Care: Nurse Staffing Levels in Northern Ireland. Under Charlotte's leadership she has been responsible for the development and implementation of the Attributes Framework for Leadership for Quality Improvement and Safety. Charlotte also chairs the NI Key Performance Indicator Advisory Board for Nursing and Midwifery. The Office of the Chief Nurse leads on policy for patient experience and nutrition and for developing models of practice for Co-production in line with the Department of Health's statutory responsibility for Personal and Public Involvement.

Charlotte is a Visiting Professor at Ulster University Faculty of Health Science.

Sandra Moore MBE, CEO of the Welcome Organisation

Sandra Moore has been CEO of the Welcome Organisation for twelve years. She has worked in the housing and homelessness sector for over 40 years, including 30 years with the Northern Ireland Housing Executive.

In 2017 Sandra was awarded an MBE in services to tackling homelessness. During her time as CEO, the Welcome Organisation received the Queen's Award for Voluntary Service, also in 2017.

Sandra is a homelessness champion and has worked with many marginalised groups including the travelling community, refugees and young people. The mother-of-three and

grandmother-of-nine is passionate about tackling homelessness and in addition to her work with the Welcome Organisation volunteers with Habitat for Humanity.

Sandra is an active board member of East Belfast Mission and suicide awareness charity Lighthouse.

Caroline Diamond, Head of Midwifery and Gynaecology, Northern HSC Trust

Caroline registered as a General Nurse in 1992 and attained her Diploma in Midwifery in 1996. She completed a degree in Health and Social Services Management in 1998 and her Master's degree in Advanced Professional Practice in Midwifery in 2012.

Caroline has progressed with high ambition through a variety of roles such as Delivery Suite Sister, Practice Development Midwife and Lead Midwife all of which hugely contributed to her skill set and to her recent appointment as Head of Midwifery and Gynaecology in the Northern Trust.

Caroline is a passionate midwife and an experienced midwifery leader. She offers a wealth of clinical expertise and strategic insight into the understanding and complexities of providing safe and effective care within the NHS.

Caroline has a particular interest in promoting choice and personalisation in birth, supporting women and families to achieve the best birth experience for them. As Head of Midwifery, Caroline's focus is on developing maternity services in co-production with women to provide a safe, high quality Maternity and Gynae service for women and babies, as well as supporting midwives coming into the profession to achieve their full potential.

Michelle McDuff, Foyle Hospice

Michelle McDuff is a staff nurse at the Foyle Hospice in Derry. Spanning over a period of almost 35 years the Foyle Hospice has delivered specialist palliative care and support across the North West caring for almost 16,000 patients and their families.

Michelle has always had an interest in palliative care and very recently had the ambitious vision to improve palliative care for individuals admitted to the Foyle Hospice that are living and dying from a form of a Dementia.

Michelle took part in a Dementia Champions programme facilitated by North West Regional College after she identified areas that the hospice could improve on and areas where she felt they could be doing more in order to help create a better dementia friendly hospice environment. She undertook a change project initiative with this vision in mind, looked at what other organisations were providing and adapted the Foyle Hospice holistic assessment tool. Michelle then created the "getting to know me" document for the Foyle Hospice.

Michelle's goal was to help hospice services to embrace individuals approaching end of life care with a form of a dementia.

Michelle most recently attended the ICPDC conference 2019, the International Conference in Palliative and Dementia Care a marriage of 2 worlds. Michelle presented her change project at this conference which was well received with other Health care professionals looking at how they could adapt the document to their own individual settings.

Clionagh McElhinney, Western HSC Trust

Clionagh is an Acute Liaison Nurse for Learning Disabilities at Altnagelvin Hospital in the Western Trust. She qualified as a Learning Disability Nurse (RNLD) in October 1996 after completing the Project 2000 nursing programme graduating with a Diploma in Learning Disability Nursing from University of Ulster. Her nursing career began in Stradreagh Hospital (WHSCT) which was an inpatient setting for Adults and Children with a learning disability.

In 2007, Clionagh completed my Specialised Practice in Community and Public Health Nursing (CNLD). Her community nursing career commenced, working in the Children Disability team and within this post she completed the non-medical prescribing course in 2013 and became a nurse prescriber. In this role Clionagh set up nurse led clinics prescribing and reviewing ADHD medication for children with a learning disability who had a co-morbid diagnosis of ADHD. She worked in the community until taking up her current post as Acute Liaison Nurse for Learning disability in August 2019.

Career Highlights – "I have been fortunate in my career and the roles that I have undertaken so far, they have all been varied and I gained a wealth of knowledge,

experience and skills from each of them. The highlight for me is being the first and only to date Acute Liaison Nurse in NI. Although a very challenging and diverse role, I am enjoying this role immensely, educating nursing/medical staff who work in the general hospital regarding the needs of individuals with an learning disability so that reasonable adjustments can be made to enhance the care given and promote positive health outcomes."

Rodney Morton RMN (Dip Social Behavioural Sciences, PG Dip HSCM, MBA, IHI Improvement Advisor Graduate, PG Cert Leadership in Healthcare), Executive Director of Nursing & AHP, Public Health Agency – Chair of afternoon Conference programme

Rodney is the Executive Director of Nursing and Allied Health Professions in Public Health Agency in Northern Ireland. Previously Rodney held the position of Deputy Chief Nursing Officer with Department of Health. Rodney was responsible for co-leading the development of 10-15 year road map for Nursing and Midwifery in Northern Ireland, along with providing professional advice on mental health, learning disability and older people nursing services. In addition Rodney held policy responsibility for Personal, Public, Involvement, and led the development of a new Co-Production Framework for the Northern Ireland Health and Social Care Sector.

Rodney has over 34 years' experience in a range of practice, managerial and leadership roles in CAMHS, Autism, Adult Mental Health, Addictions, Psychological Therapies, Older People, Public Mental Health and Primary Care Services. Rodney also led the development of the Regional 'You in Mind' Mental Health Care Pathways Programme, Regional Mental Health and Psychological Therapies Training Programme for Northern Ireland.

Rodney is also an improvement science enthusiast and has been promoting and building quality Improvement capability across the Nursing and AHP Services.

Andrea Sutcliffe CBE, Chief Executive & Registrar, Nursing & Midwifery Council (NMC)

Andrea Sutcliffe CBE joined as NMC Chief Executive and Registrar in January 2019. Andrea has over 30 years' experience in health and social care.

She joined the NMC from the Care Quality Commission (CQC) where she was the Chief Inspector of Adult Social Care since October 2013. While there she led on the regulation and inspection of adult social care including residential and nursing homes and domiciliary care. Andrea was also responsible for the registration team, supporting all health and care sectors.

Prior to that she had roles as the Chief Executive at Social Care Institute for Excellence and also Chief Executive of the Appointments Commission. She was also an Executive Director at the National Institute for Health and Clinical Excellence for seven years. In July 2016, in recognition of her work in social care, Andrea received an Honorary Award of Doctor of Science from the University of Leeds. She was awarded a CBE for services to adult social care in the 2018 New Year's Honours List.

Kathleen McGrory, Senior Nurse Practitioner, Belfast HSC Trust

Kathleen is a Senior Nurse with psychological therapies working in the Belfast trust and a fully trained therapist in Dialectical Behaviour Therapy (DBT). Kathleen has completed the enhanced DBT training and holds a postgraduate Certificate in DBT. She is also training to be a Cognitive Behavioural Therapist, graduating from Queen's University Belfast later this year.

In July 2018, DBT skills groups were set up in the Belfast Trust to meet the growing demands of adults with high levels of mental health needs in North, South, East and West Community Mental Health teams. The groups are specifically aimed at assisting adults through emotional difficulties which were causing them to self-harm or attempt to take their own lives. The aim of the DBT service is to teach skills to replace problematic behaviors, help adult's navigate relationships and experience a range of emotions without necessarily acting on them. The DBT skills groups are accessible to all adults within community mental health teams.

Since the implementation of these groups, qualitative data collected through the use of feedback questionnaires has indicated that both service users and referring agents benefit from the DBT. In particular, service users reported an increased use of coping skills over unhelpful behaviours such as self-harm or hospital admissions.

Pauline Curran, Southern HSC Trust

Pauline is an Intravenous (IV) Co-ordinator with the Older People Ambulatory Service in

the Southern Trust.

Pauline commenced with the Southern Trust 29 years ago as a nursing auxiliary. In2005,

she completed her Nursing degree in Queens University Belfast taking up post in an acute

surgical ward within the Trust. Pauline has a keen interest in district nursing and still

provides bank for them.

Pauline continued her studies in the University of Ulster and Queens University completing

Breast Care and Tissue Viability modules as well as completing the Health Assessment

module at Masters level.

In 2012, Pauline took up post as an IV Co-ordinator. This role overarches both the primary

and secondary sectors, preventing hospital admissions and facilitating earlier discharges

for patients who require IV antibiotic therapy only and can be safely managed within the

community setting.

Pauline recognised that there was a need to address delayed discharges of patients

requiring IVs at home and who needed a PICC line inserted. To improve the effectiveness

and care provided to patients and to facilitate timely discharge Pauline now inserts PICC

lines at the patients bed side.

Her most recent project has been to design a new Cellulitis pathway with colleagues and

this is currently being implemented, which has prevented numerous hospital admissions

within the Southern Trust.

Pauline has been recognised for her PICC line innovation by being runner up for Nurse of

the year by the RCN and also winner of the Southern Trust Innovation in Action Excellence

Award.

Susan Mayne, Southern HSC Trust

Susan is an IV Co-ordinator with the Older People Ambulatory Service in the Southern

Trust.

Susan trained as a General Nurse in the Northern Trust and has worked as a nurse within the Southern Trust from 1986. She retired from her role as a Ward Manager in acute medicine and for the past three years Susan has worked as an IV Co-ordinator specialising in venous access.

Russell Erskine, South Eastern HSC Trust

Russell is a Senior Practitioner for the ADHD / ASD (Attention Deficit Hyperactivity Disorder / Autistic Spectrum Disorder) service in the South Eastern Trust.

Russell trained at Queen's University Belfast (QUB) Altnagelvin Branch, qualifying as an Adult Trained Nurse in 2001. He took up his first post in Renal in the City Hospital, where he spent 10 years completing the renal short course with QUB. In 2011, Russell completed his Specialist Community Public Health Nursing Health Visiting through the University of Ulster. Russell then worked as a Health Visitor for 5 years before taking a Specialist Health Visiting post working intensively with vulnerable families.

Russell joined the ADHD team in 2018 and completed the Non-medical Prescribing course at QUB and has been working in clinics ever since completing medication reviews. He also works in the Autism and Neurodevelopmental service completing assessment and diagnosis within that service.

Russell's proudest achievements in nursing are always patient / client centred and his career choices to date have always revolved around maximising patient contact. He feels very fortunate to have held privileged roles within nursing and says his greatest satisfaction comes from feedback that you have made a positive difference in someone's life.

Yasmin Downey, MSc Nursing Leading Practice Trainee

Yasmin recently graduated from University of Ulster with the degree of Bachelor of Science with first class honours in Nursing (adult). She is currently studying on the MSc Post Registration Nursing Programme and working in the Southwest Acute Hospital in Enniskillen.

"This MSc Post Registration Nursing Programme is new and exciting and has given newly qualified nurses a fantastic opportunity to grow and develop. Not only are we developing ourselves academically, but we are given insight and are acquiring new skills in advance communication and quality improvement. Therefore, enabling us to play a part in changing practice for the better! I feel honoured to be part of this cohort and for the opportunity I have been given to speak at the NIPEC conference."