



*Florence*

**Florence  
Nightingale**

**Nursing & Midwifery  
200<sup>YEARS</sup>**

# Florence Nightingale – “ Notes on Nursing”

In watching disease, both in private houses and in public hospitals, the thing which strikes the **experienced observer** most forcibly is this,

that the symptoms or sufferings generally considered to be inevitable and incident to the disease are very often not symptoms of disease at all, but of something quite different – of the want of fresh air, or of light, or of warmth, or of quiet, or of cleanliness, or of punctuality and care in the administration of diet, of each or of all of these.

# NURSING & MIDWIFERY AS PART OF A POLITICAL AND SOCIAL SYSTEM

