### **Neighbourhood District Nursing Communication Update: May 2019**

#### Neighbourhood District Nursing

- Aims to improve safety, quality and experience by developing a 'one team' approach, provided by a Neighbourhood District Nursing team 24 hours a day within a designated community and aligned to the GP Practice, with the ethos of home being the best and first place of care
- A regional Neighbourhood District Nursing group has been set up to oversee the testing of the new model in each Trust
- The test sites will be in Newcastle, Limavady, West Belfast, Moy and Ballycastle

#### Main outcomes

- Testing of a new model of District Nursing linked to Primary Care MDT
- Promote a new public health model for District Nursing
- Improve patient care through proactive management of population health
- Develop self-organised teams using a collective leadership model
- Test a coaching model for District Nursing
- Reduce bureaucracy and maximise the use of technology in care
- Test Delivering Care staffing levels in District Nursing

# Education and Training

- The Queens Nursing Insititute developed and are delivering a bespoke Team Transformational Leadership programme. This programme will support the Neighbourhood District Nursing teams deliver high quality, safe and effective person centered care through an exploration of the three dimensions of transformation - self, team and organisation
- The HSC Leadership Centre are delivering a coaching programme for the Nurse Coaches. This approach integrates the principles of coaching into the day-to-day business of supporting staff in order to transform performance

#### The Neighbourhood District Nursing Framework

- A regional multi agency workshop was held in December 2018 to agree a working framework to support the Neighbourhood District Nursing prototype
- This Framework complements the principles outlined in DoH *A District Nursing Framework 2018-2026*
- The approved Framework can be viewed overleaf

### Measurement and evaluation

- An evaluation framework has been developed to measure improving the health of patients, improving the quality and experience of care, supporting and empowering staff and ensuring sustainability of our services
- A range of evaluation tools will be used including questionnaires, score cards, interviews and feedback

### HSC Trust support

- Each Health and Social Care Trust has employed additional staff to enhance the Neighbourhood District Nursing teams including a Coach and Data Quality Officer
- The teams will work with patients, their families and carers, GPs, statutory and voluntary organsiations to develop networks and proactively meet the health needs of the local population

## NEIGHBOURHOOD DISTRICT NURSING TEAMS: DELIVERING TOGETHER Framework



#### To deliver a world class person centred Neighbourhood District Nursing service 24/7



- Every person has an assessment with a co produced care plan agreed by the person, family/nominated representative with consent as appropriate; shared with team and recorded in the patient held record.
- Aim to ensure every person has a positive experience of care.
- Embed a public health culture of self care/self management.
- Work with the local community and voluntary sector to signpost and for social prescribing.
- Proactive management of caseloads to ensure safe and effective nursing
- Continuity and consistent person centred care delivered by the same core team.

- Improved access to technology and community information systems.
- Information is streamlined and will support existing systems regionally.
- The team is GP aligned within a geographical area.
- Improve communication by ensuring the team is central to multi disciplinary person centred care.
- To connect and engage with GPs, the wider community and secondary care and voluntary multi disciplinary sectors.

- The team will manage own budget.
- Implement
   Delivering Care
   staffing
   recommendations.
- Undertake active community profiling to determine local population needs.
- Continuous Quality Improvement should be the ethos of the team.
- The District Nurse will lead the team, and team decisions are made taking account of collective leadership and the delegation framework.
- Communication is person centred and all team members contribute.
- Authorised to solve own issues knowing that the wider support and expertise is available when needed.
- Needs will be met safely and effectively.

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