

September 2019

# SCAN

**S**enior Nurse/Midwife **C**urrent **A**wareness from **NIPEC**

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**Make sure you are ready for NMC revalidation: to create and maintain your online portfolio visit: <https://nipecportfolio.hscni.net>**

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# CONTENTS

(Click on the title to go to the section)

<a href="#">NIPEC Updates</a> .....	2
<a href="#">Policy/Strategy</a> .....	4
<a href="#">Governance</a> .....	6
<a href="#">Quality</a> .....	7
<a href="#">Leadership</a> .....	9
<a href="#">Workforce</a> .....	10
<a href="#">Professional Development</a> .....	11
<a href="#">Clinical Practice</a> .....	13



# NIPEC UPDATES

## NIPEC Stakeholder Event Roadshows

Every year from September to November NIPEC engages with its Stakeholders to provide an overview of its various projects and resources and also to seek views from registrants about our work and how NIPEC could best support your practice. Register to attend one of the workshops <https://nipec.hscni.net/nipec-stakeholder-engagement-roadshows-2019/>

## ***Deciding to Delegate: A Decision Support Framework for Nursing and Midwifery***

This Framework was officially launched by Professor Charlotte Mc Ardle, Chief Nursing Officer on 31<sup>ST</sup> January 2019. The aim of the Framework is to ensure that the process of delegation of nursing and midwifery tasks and duties at a local and regional level meet the requirements of the Nursing and Midwifery Council (NMC) Code and support the highest possible level of patient/client safety.

NIPEC is continuing to deliver Delegation Awareness sessions to Nurses, Midwives, Senior Nursing Assistants and Maternity Support Workers in the BHSCT and WHSCT. These will:

- Provide an overview of the Decision Support framework
- Identify how you might use the Decision Support framework in practice
- Provide information regarding where to access further resources, guidance and support

To book a place please click here: <https://nipec.hscni.net/events/categories/delegation-awareness-session/>

## **Future Nurse Future Midwife (FNFM) Update**

To read the most up to date NI Future Nurse Future Midwife communiques click [here](#).

If you wish to register to attend the Roadshows click on the link <https://nipec.hscni.net/events/categories/roadshow/>

Information on the implementation the new NMC Future Nurse Future Midwife (FNFM) education standards in NI is available [here](#) or via the QR code below.



[← CONTENTS PAGE](#)

[NEXT SECTION →](#)

### **Independent and Voluntary Sector Forum Event**

<https://nipec.hscni.net/work-and-projects/adv-guid-info-bt-pract-nurs-mid/iv-sector-forum/>

NIPEC is facilitating a workshop on **19 September 2019** for members of its Independent and Voluntary Sector Forum. The workshop will cover topics on Nursing Supervision, Appraisal, Online Portfolio, DoH Delegation Framework and an awareness session on the new NMC Education Standards for Future Nurse/Future Midwife. If you work in the Independent or Voluntary Sector and are interested in attending this workshop on 19 September 2019 in Braefield Nursing home, 2-6 Carncome Rd, Connor, Ballymena, register your interest on <https://nipec.hscni.net/events/categories/forum/>

### **Nursing and Midwifery Career Pathway website**

Are you thinking of a change in direction or a promotion, visit Northern Ireland's career pathway website for nurses and midwives, to find out more about career pathways open to you and hear from nurses and midwives in jobs that may interest you:

<http://www.nursingandmidwiferycareersni.hscni.net/>

Recently added - Real Life stories from General Practice Nursing micro site are now live

Would you like to promote your area of practice or setting within which you work? For more information contact [cathy.mccusker@nipec.hscni.net](mailto:cathy.mccusker@nipec.hscni.net)

### **Safeguarding Adults Core Competency Framework**

The Chief Nursing Officer issued a circular to all organisations, on 27 June 2019, employing nurses and midwives advising them that the Framework should now be used by all nurses and midwives with immediate effect

[https://nipec.hscni.net/download/projects/current\\_work/promote\\_profdevelopment/adult\\_safeguarding/documents/Competency-Framework-Final-June-19.pdf](https://nipec.hscni.net/download/projects/current_work/promote_profdevelopment/adult_safeguarding/documents/Competency-Framework-Final-June-19.pdf)

[← CONTENTS PAGE](#)

[NEXT SECTION →](#)



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# POLICY/STRATEGY

“ *Sound strategy starts with having the right goal* ”  
*Michael Porter*

## UPDATES, KEY PUBLICATIONS, EVENTS

### A Neighbourhood District Nursing Model of Care

The Department of Health is supporting the testing of a prototype model for a comprehensive 24 Hour District Nursing Service, being led by Public Health Agency. The Neighbourhood District Nursing Model of Care is based on a new Neighbourhood District Nursing Team which will be an integral part of the enhanced multi-disciplinary primary care team. The prototype model of care will be tested in identified areas within the Primary Care MDT. Eileen McEneaney, Executive Director of Nursing, Northern HSC Trust and Eleanor Ross, Assistant Director, PHA are co-chairing a Steering Group taking this work forward. *The District Nursing Framework 2018-2026* can be accessed on

<https://www.health-ni.gov.uk/sites/default/files/publications/health/district-nursing-framework2018.pdf>

NIPEC is also leading a project to design a career pathway for District Nurses; the Steering Group is chaired by Gabby Tinsley, Community Divisional Nurse, Adult, Community & Older Peoples Service. For more information about the project go to <https://nipec.hscni.net/work-and-projects/prof-dev-of-nurs-mids/career-pathway-for-dn/>

### Nursing Now - Update

Nursing Now Northern Ireland was launched in January 2019 by Professor Charlotte McArdle, Chief Nursing Officer at a Public Health Nursing Conference which was attended by student nurses, people who use our service, community and voluntary groups. Some of the highlights from the Public Health Nursing Conference - <https://vimeo.com/336078314>

### Consultation on NMC Strategy

NMC are seeking Nurses and Midwives views to shape their next five year strategy. Closing date for your comments is **16 October 2019**. Take part in the consultation at <https://www.nmc.org.uk/about-us/shaping-the-future/shaping-the-future-consultation/>

[← CONTENTS PAGE](#)

[NEXT SECTION →](#)

## UPDATES, KEY PUBLICATIONS, EVENTS

### Consultation on establishing a regional trauma network

The Health and Social Care Board is consulting on proposals to enhance trauma services in Northern Ireland. An estimated 61% of adults living in Northern Ireland have experienced a traumatic event at some point in their lifetime, many linked to the Troubles. Central to the proposals is the establishment of a specialised local trauma team in each of the five HSC trusts. These teams will work closely with other statutory HSC services, and the community and voluntary sector, to deliver evidence-based trauma treatment across the region. The consultation deadline is **Friday, 6 September 2019** and information about it is available at <http://www.hscboard.hscni.net/consultation-begins-regional-trauma-network/>

Dayan, M. & Hennan, D. (2019) Research Report, *Change or collapse: lessons from the drive to reform health and social care*. London: Nuffield Trust.

[← CONTENTS PAGE](#)

[NEXT SECTION →](#)

# GOVERNANCE

*“The governance framework is there to encourage the efficient use of resources and equally to require accountability for the stewardship of those resources”*

*Sir Adrian Cadbury*

## UPDATES, KEY PUBLICATIONS, EVENTS

### Department of Health publishes hyponatraemia update

The Department of Health has published an update on its work to implement the recommendations of the inquiry into hyponatraemia-related deaths, <https://www.health-ni.gov.uk/sites/default/files/publications/health/IHRD%20Update%20Report%20March%202019.pdf>

Further information is available via the [Department of Health website](#).

### Learning Matters Newsletters

The Public Health Agency and the Health and Social Care Board are committed to improving the quality of services in Northern Ireland and the Learning Matters Newsletter provides a method of sharing learning relating to serious adverse incidents, complaints, reviews and patient experience across Northern Ireland. If you have any comments or questions on the articles in the newsletter please get in contact by email at [learningmatters@hscni.net](mailto:learningmatters@hscni.net) or by telephone on 0300 555 0114.

<http://www.publichealth.hscni.net/publications/learning-matters-newsletters>

[← CONTENTS PAGE](#)

[NEXT SECTION →](#)

# QUALITY

“The standard you walk past is the standard you accept”

*Lieutenant General David Morrison*

## UPDATES, KEY PUBLICATIONS, EVENTS

### **Involvement Conference 2019: Involve, Impact and Innovate - Crumlin Road Gaol, 21 November, 2019**

The PHA PPI team, in collaboration with HSC partners, service users and carers, universities, as well as the community and voluntary sector, will hold a week-long celebration of involvement. The Involve Fest will take place from 18 – 22 November 2019.

This year’s conference will focus on celebrating innovation and creativity in involvement. The day will provide an excellent opportunity to network amongst different sectors and disciplines. In addition to the keynote plenary session, delegates will have the opportunity to participate in a number of workshops which will showcase some of the most innovative involvement initiatives and projects.

To book your tickets for the event <https://www.eventbrite.co.uk/e/involvement-conference-2019-involve-impact-and-innovate-tickets-71041877167?aff=escb&utm-source=cp&utm-term=listing&utm-campaign=social&utm-medium=discovery&utm-content=attendeeshare> .

To find out more about Involve Fest or for further information, please also contact [engage@hscni.net](mailto:engage@hscni.net) or 028 9536 1256.

## ARTICLES

### **Learning disabilities: supporting people in the criminal justice system**

Marshall-Tate, K. et al. *Nursing Times*, July 2019, vol. 115, no. 7, p. 22-26

### **How a mindfulness intervention can improve patients’ mental wellbeing**

Whitton, T. et al. *Nursing Times*, July 2019, vol. 115, no. 7, p. 48-51

### **Using digital tools to improve staff rostering and patient flow**

Bett, I. *Nursing Times*, July 2019, vol. 115, no. 7, p. 56-57

[← CONTENTS PAGE](#)

[NEXT SECTION →](#)



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## ARTICLES

### **The social hub that's good for men's health**

Cole, E. *Nursing Standard*, July 2019, vol. 34, no. 7, p. 24-25

### **Everyone should have a voice**

Cole, E. *Nursing Standard*, July 2019, vol. 34, no. 7, p. 26-28

### **Supporting patients and saving millions**

Cole, E. *Nursing Standard*, July 2019, vol. 34, no. 7, p. 42-44

### **Understanding the benefits of Enhanced Recovery after Surgery**

Balfour, A. *Nursing Standard*, July 2019, vol. 34, no. 7, p. 45-50

### **Finger-prick blood test at GP surgery could safely reduce antibiotic use in patients with COPD**

National Institute for Health Research, July 2019, online <https://www.nihr.ac.uk/news/finger-prick-blood-test-at-gp-surgery-could-safely-reduce-antibiotic-use-in-patients-with-copd/21520>

### **Shoulder Reduction Bench Project: improving care for patients with shoulder dislocations**

Dowson, P. *BMJ Open Quality*, June 2019; vol. 8, no. 2, doi: [10.1136/bmjog-2018-000366](https://doi.org/10.1136/bmjog-2018-000366)

### **Under the radar**

Cole, E. *Nursing Standard*, July 2019, vol. 34, no. 8, p. 21-23

### **Capturing patient experience to improve healthcare services**

Goodrich, J. & Fitzsimons, B. *Nursing Standard*, July 2019, vol. 34, no. 8, p. 24-28

### **Implementing reasonable adjustments for disabled people in healthcare services**

Heslop, P. et al. *Nursing Standard*, July 2019, vol. 34, no. 8, p. 29-34

[← CONTENTS PAGE](#)

[NEXT SECTION →](#)



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# LEADERSHIP

“ True leadership lies in guiding others to success, in ensuring that everyone is performing at their best, doing the work they are pledged to do and doing it well ”

*Bill Owens*

## UPDATES, KEY PUBLICATIONS, EVENTS

### **Nursing Times Awards 2019**

Nursing Times Awards will be announced on 30 October 2019, good luck to two teams from NI who have been shortlisted:

- Northern HSC Trust - Care of Older Peoples Award
- Southern HSC Trust - Continence Promotion and Care Award

## ARTICLES

### **Yvonne Moores: Nurses need a stronger voice**

Stephenson, J. *Nursing Times*, July 2019, vol. 115, no. 7, p. 10-11

### **Spotting a need sparked the innovator in me**

Bennett, N. Cole, E. *Nursing Standard*, July 2019, vol. 34, no. 7, p. 30-31

### **Supporting patients and saving millions**

Cole, E. *Nursing Standard*, July 2019, vol. 34, no. 7, p. 42-44

### **Managing Healthcare without a government: our chance to step up**

Trueland, J. *Nursing Standard*, July 2019, vol. 34, no. 8, p. 14-17

[← CONTENTS PAGE](#)

[NEXT SECTION →](#)

# WORKFORCE

“ *Workforce development is about getting the right people, the right skills for the right jobs at the right time* ”

*Anon*

## UPDATES, KEY PUBLICATIONS, EVENTS

### Project Retain

Project Retain aimed to achieve and retain a skilled and resilient motivated nursing workforce in older people’s nursing. This project was undertaken by the PHA and supported by Burdett Trust and the Project Report is available to view and download

[https://nipec.hscni.net/download/projects/previous\\_work/professionaldevelopment/career\\_pathway\\_for\\_older\\_peoples\\_nursing/documents/Retain-Report-Report-Final-Publication.pdf](https://nipec.hscni.net/download/projects/previous_work/professionaldevelopment/career_pathway_for_older_peoples_nursing/documents/Retain-Report-Report-Final-Publication.pdf)

## ARTICLES

### We can’t afford not to support registered nurses with dyslexia

Major, R. *Nursing Times*, July 2019, vol. 115, no. 7, p. 17

[← CONTENTS PAGE](#)

[NEXT SECTION →](#)

# PROFESSIONAL DEVELOPMENT

“All that is valuable in human society depends upon the opportunity for development accorded the individual”

*Albert Einstein*

## UPDATES, KEY PUBLICATIONS, EVENTS

### You are the panel

Should a former nurse struck off for failings which led to a patient's death be granted a restoration? What is your verdict? Go online to check what really happened

<https://www.nursingtimes.net/youre-the-panel-decision-and-reasons/17730.subject>

### QUB 2nd Annual Care Home Conference 1 October 2019

On the International Day of Older Persons, QUB is hosting a 1 day conference which will provide delegates with an opportunity to meet others working in the Care sector and to consider evidence-based strategies to optimise both the quality of care and the quality of life for people living in care home settings. Places are available at no cost on a first come first served basis. Early booking is essential

<https://tinyurl.com/QUBCareHomeConf19>

For further information please contact Dr Gary Mitchell at [Gary.Mitchell@qub.ac.uk](mailto:Gary.Mitchell@qub.ac.uk)

### Cross-border Healthcare Intervention Trials In Ireland Network (CHITIN)

People from both sides of the border will benefit from 11 health intervention research trials thanks to Cross-border Healthcare Intervention Trials In Ireland Network (CHITIN) - a unique INTERREG VA cross-border partnership between the Public Health Agency and the Health Research Board in ROI. This research will help towards the prevention and cure of illness and promote improved health and wellbeing in NI, ROI and Irish cross-border areas. Two trial examples of Nurse Involvement are:

- **Anticipatory Care Planning (ACP)** – a Nurse will visit a patient at home to draw up a personalised care plan intervention for older people at risk of functional decline
- **10 Top Tips for a Healthy Pregnancy** – nurses and midwives are involved in an intervention to help women with overweight or obesity, to develop positive food habits during pregnancy and beyond.

To find out more about CHITIN, visit [www.research.hscni.net/chitin](http://www.research.hscni.net/chitin) or follow @CHITINProject or watch <https://www.youtube.com/watch?v=llall7Nv9sw>

[← CONTENTS PAGE](#)

[NEXT SECTION →](#)

## ARTICLES

### **Gastrointestinal tract 2: the structure and function of the stomach**

Knight, J. *Nursing Times*, July 2019, vol. 115, no. 7, p. 43-47

### **Assessment of older people 3: assessing the functional domain**

Kendall, N. & Wiltjer, H. *Nursing Times*, July 2019, vol. 115, no. 7, p. 52-55

### **How to undertake oral medicines calculations**

Brindley, J. *Nursing Standard*, July 2019, vol. 34, no. 7, p. 63-66

### **Prevention and management of hyperglycaemic crisis**

Broadley, L. et al. *Nursing Standard*, July 2019, vol. 34, no. 7, p. 75-82

### **It's okay to ask for support after a traumatic event**

Powell, S. *Nursing Standard*, July 2019, vol. 34, no. 8, p. 35-36

### **Care of infants, children and adults with congenital heart disease**

Gaskin, K. & Kennedy, F. *Nursing Standard*, July 2019, vol. 34, no. 8, p. 37-42

[← CONTENTS PAGE](#)

[NEXT SECTION →](#)



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# CLINICAL PRACTICE

“Clinical practice is not a science but an endeavour that uses science. Good science is necessary but insufficient for good practice”

*Nuala P. Kenny*

## ARTICLES

### **Nurses as chaperones: legal obligations and implications**

Marinaccio-Joseph, P. *Nursing Times*, July 2019, vol. 115, no. 7, p. 18-21

### **Venous leg ulcer prevention 2: hosiery product selection**

Atkin, L. *Nursing Times*, July 2019, vol. 115, no. 7, p. 27-30

### **Getting patients up and moving shortens length of hospital stay**

Cortes, O.L. et al. *Nursing Times*, July 2019, vol. 115, no. 7, p. 32

### **Infection control 3: use of disposable gloves and aprons**

Wigglesworth, N. *Nursing Times*, July 2019, vol. 115, no. 7, p. 34-36

### **Opioid Misuse: Breaking the prescription addiction cycle**

Moore, A. *Nursing Standard*, July 2019, vol. 34, no. 7, p. 56-59

### **Preventing foot complications in people with diabetes mellitus**

Howarth, D. *Nursing Standard*, July 2019, vol. 34, no. 7, p. 69-74

### **Post-sepsis syndrome: overview of a relatively new diagnosis**

Sangan V (2019) *Nursing Times* [online]; 115:8, p. 19-21

### **Nurses' understanding and experience of applying painful stimuli when assessing components of the Glasgow Coma Scale**

Cook, N. et al. *Journal of Clinical Nursing*, July 2019 <https://doi.org/10.1111/jocn.15011>

### **Effective management of adult patients with asthma**

Bidder, T.M. *Nursing Standard*, July 2019, vol. 34, no. 8, p. 43-50

### **Preventing readmission: the power of just one phone call or home visit**

Trueland, J. *Nursing Standard*, July 2019, vol. 34, no. 8, p. 56-58

### **Understanding the role of carbohydrates in optimal nutrition**

Hinds, S. *Nursing Standard*, July 2019, vol. 34, no. 8, p. 76-82

[← CONTENTS PAGE](#)